



Glossary of Idioms Related to Feelings

Read the idioms below and their meanings. They can be used to describe feelings.

absence makes the heart grow fonder – being away from someone causes one to like that person more

as cool as a cucumber – be calm even in situations when people are not usually calm

as white as a sheet – be pale because of illness, shock or fear

be in seventh heaven – be very happy

blow a fuse – become angry

bored stiff with something – unhappy because there is nothing to do or there is nothing interesting

burst into tears – cry

chicken out – change one's mind about doing something because one is frightened

dead tired – exhausted

deep in thought – thinking hard

fall head over heels in love – be in love

feel like a million bucks – feel good because one is wearing something expensive

feel small – feel humiliated or inferior

get up on the wrong side of bed – feel moody and grouchy on a certain day

green with envy – feel jealous

heart sinks – feel disappointed

in high spirits – feel happy

keep one's cool – be composed

keep your chin up – be courageous in certain situations

keep your fingers crossed – hope that something will happen

lose one's cool – not be composed

on edge – feel nervous and not relaxed

on your toes – keep one's energy and attention on something

under the weather – feel unwell