IDIOMS

| IDIOM | MEANING |
|--------------------------|--|
| Α | |
| a bad egg | a worthless person |
| a bag of bones | a person who is so thin that his bones can almost be seen |
| a bed of roses | very comfortable |
| a bolt from the blue | a completely unexpected action, often an unpleasant surprise |
| a bone of contention | something that will cause a quarrel |
| a bright spark | an intelligent person |
| a bull in a china shop | a very clumsy person who is very destructive |
| a cat on hot bricks | very nervous |
| a cat-and-dog life | always quarrelling |
| a change of heart | change one's opinion |
| a chip off the old block | resemble the parents or any of the older members of the family |
| a close shave | a narrow escape |
| a cock and bull story | a silly and incredible story |
| a cog in a machine | an unimportant role in an organisation |
| a cold fish | a person who shows little emotion |
| a daredevil | a brave and reckless person |
| a diehard | someone who always refuses to accept new ideas |
| a dog in the manger | one who prevents others from using what he cannot use |
| a dog with two tails | a person who is extremely pleased |
| a drop in the ocean | a very small quantity |
| a feather in one's cap | something one has reason to be proud of (such as promotion, honour award, recognition) |
| a fish out of water | one who is in an awkward or embarrassing situation |
| a flash in the pan | a sudden, single success |

| IDIOM | MEANING |
|---------------------------------|---|
| a fly in the ointment | something which prevents a plan from being carried out smoothly |
| a free hand | the opportunity to do as one thinks best |
| a good Samaritan | a stranger who helps you when you are faced with some problems |
| a good-for-nothing | a useless person |
| a Greek gift | a gift given with a treacherous motive |
| a greenhorn | someone new and inexperienced in a job |
| a Gretna Green marriage | a runaway marriage |
| a hard nut to crack | a problem difficult to solve |
| a ladies' man | a man who is fond of female company |
| a man of his word | a person who always does what he promised to do |
| a man of straw | a weak and worthless person |
| a mare's nest | a confused situation |
| a mercurial temperament | fickle / light-hearted |
| a month of Sundays | an indefinitely long period |
| a near thing | when you nearly failed to achieve something and only just succeeded |
| a nine day's wonder | an event which creates a sensation for a time but is soon forgotten |
| a red herring | something meant to mislead people and throw them off the trail |
| a red rag to a bull | something that deliberately angers someone |
| a Roland for an Oliver | tit for tat / an eye for an eye / a tooth for a tooth / an effective retort |
| a scapegoat | someone who is blamed for something he did not do |
| a skeleton in the cupboard | a dreadful secret that happened to you in the past |
| a slip of the tongue | something said in error |
| a snake in the grass | an enemy who strikes under cover |
| a square peg in a round hole | a person doing unsuitable work |

| IDIOM | MEANING |
|--------------------------------|--|
| a stone's throw | a very short distance |
| a storm in a teacup | unnecessarily excited reaction to an unimportant matter |
| a sweet tooth | a liking for sweet things or food |
| a tall order | a difficult task to carry out |
| a tall story | a story that is difficult to believe |
| a thorn in one's flesh | a constant source of irritation to one |
| a triton among the minnows | a person who completely dominates those around him |
| a wet blanket | a person who discourages other people / one who is a damper to enjoyment |
| a white elephant | an expensive but useless possession |
| a white lie | a lie told to avoid making someone upset |
| a wild goose chase | a vain attempt |
| a wild-cat scheme | a rash scheme which will probably fail |
| above board | honest / straightforward |
| Achilles heel | a weak spot |
| after one's own heart | exactly as one desires |
| air one's opinion | give vent to one's feeling in public |
| All is fish that comes to | One should take advantage of everything that |
| the net. | comes his way. |
| All that glitters is not gold. | Things are not always as attractive as they appear. |
| all thumbs | clumsy |
| an admirable Crichton | a very talented person |
| an Adonis | a very handsome man |
| an all-rounder | a person with the ability to do a number of jobs satisfactorily |
| an Amazon | a masculine woman / a tall and strong woman |
| an Ananias | a liar |
| an Apollo | a man with a perfect physique |
| an El Dorado | an imaginary place of great riches |

| an empty purse / a light purse an exodus the departure of a large group of people an eye for an eye return evil for evil an eye-servant one who works only under supervision an iron-bound coast An old bird is not to be caught with chaff. deceived. an old hand someone with a lot of experience an old head on young shoulders apple of discord apple-pie order arcadian life arm in arm in a friendly way armed to the teeth as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you must lie on it. at arm's length at daggers drawn at first blush at one go at one's fingertips know thoroughly arnoyd one has tried his best to solve a bevery annoyed as one has tried his best to solve a | IDIOM | MEANING |
|--|---------------------|---|
| an eye for an eye an eye-servant one who works only under supervision an iron-bound coast An old bird is not to be caught with chaff. an old hand someone with a lot of experience an old head on young shoulders apple of discord apple-pie order arcadian life arm in arm in a friendly way armed to the teeth fully armed as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you must lie on it. at arm's length at daggers drawn at one's fingertips at one's fingertips at one's wits' end be very annoyed as one has tried his best to solve a | | poverty |
| an eye-servant an iron-bound coast An old bird is not to be caught with chaff. An old hand an iron-bound coast An old bird is not to be caught with chaff. An old hand An old hand An old head on young shoulders Apple of discord Apple-pie order Arcadian life Arm in arm Armed to the teeth As plain as the nose on one's face as the crow flies As you make your bed, so you must lie on it. At arm's length At daggers drawn At the first blush At one go At at aringle time At one's fingertips At one's wits' end An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An old hand a cause of strife, contention or quarrel a pleasily fooled or deceived. a the short and simple life arm in arm arm an arm are five order and simple life arm in arm are five order a cause of strife, contention or quarrel a plane in a friendly way armed to the teeth a blissfully happy, rural and simple life arm in arm arm are five order a cause of strife, contention or quarrel a plan | an exodus | the departure of a large group of people |
| an iron-bound coast An old bird is not to be caught with chaff. an old hand an old head on young shoulders apple of discord arcadian life arm in arm armed to the teeth as plain as the nose on one's face as the crow flies As you make your bed, so you must lie on it. at arm's length at daggers drawn at first blush at one go at coast surrounded by rocks An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. An experienced person is not easily fooled or deceived. as plot of experience wisdom in a young person wisdom in a young person shoulders a cause of strife, contention or quarrel in perfect order a blissfully happy, rural and simple life in a friendly way fully armed easily seen one's face as the crow flies in a straight line / the shortest distance between two points You will have to bear the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at hand near (of place and time) at one go at a single attempt know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | an eye for an eye | return evil for evil |
| An old bird is not to be caught with chaff. an old hand someone with a lot of experience an old head on young shoulders apple of discord a cause of strife, contention or quarrel apple-pie order in perfect order arcadian life a blissfully happy, rural and simple life arm in arm in a friendly way armed to the teeth fully armed as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you must lie on it. avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at one go at a single attempt at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | an eye-servant | one who works only under supervision |
| caught with chaff. an old hand an old head on young shoulders apple of discord apple-pie order arcadian life arm in arm in a friendly way armed to the teeth as plain as the nose on one's face as the crow flies As you make your bed, so you must lie on it. at arm's length at daggers drawn at one go at one's fingertips an old hand someone with a lot of experience wisdom in a lot of experience wisdom in a young person wisdom in a young person a cause of strife, contention or quarrel in perfect order a blissfully happy, rural and simple life in a friendly way armed to the teeth fully armed easily seen one's face in a straight line / the shortest distance between two points You will have to bear the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone at first blush when first thought of at one go at a single attempt know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | an iron-bound coast | a coast surrounded by rocks |
| an old head on young shoulders apple of discord a cause of strife, contention or quarrel apple-pie order in perfect order arcadian life a blissfully happy, rural and simple life arm in arm in a friendly way armed to the teeth fully armed as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you must lie on it. own mistake or misdeed. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at one go at a single attempt at one's fingertips know thoroughly at one's wits' end besauch a surger of stried his best to solve a | | i i |
| apple of discord a cause of strife, contention or quarrel apple-pie order in perfect order arcadian life a blissfully happy, rural and simple life arm in arm in a friendly way armed to the teeth fully armed as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you must lie on it. at arm's length at daggers drawn at first blush at one go at a single attempt at one's fingertips know thoroughly at one's wits' end in perfect order a cause of strife, contention or quarrel in perfect order acuse of strife, contention or quarrel at puarrel ables of strife, contention or quarrel and sample life a blissfully happy, rural and simple life a blissfully happy, rural and simple life and simple life at blush at stried his best to solve a | an old hand | someone with a lot of experience |
| apple-pie order arcadian life arm in arm in a friendly way armed to the teeth as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you will have to bear the consequences of your own mistake or misdeed. at arm's length at daggers drawn at first blush at one go at a single attempt at one's fingertips a blissfully happy, rural and simple life and in a friendly way armed to the teeth fully armed as plain as the nose on one's face in a straight line / the shortest distance between two points You will have to bear the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone be deadly enemies at first blush at one go at a single attempt know thoroughly be very annoyed as one has tried his best to solve a | , - | wisdom in a young person |
| arcadian life arm in arm in a friendly way armed to the teeth as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you must lie on it. at arm's length at daggers drawn at first blush at one go at one's fingertips at one's fingertips arm in arm in a friendly way fully armed easily seen in a straight line / the shortest distance between two points You will have to bear the consequences of your own mistake or misdeed. avoid being too friendly with someone at daggers drawn be deadly enemies at first blush at one go at a single attempt know thoroughly be very annoyed as one has tried his best to solve a | apple of discord | a cause of strife, contention or quarrel |
| arm in arm arm in arm in a friendly way armed to the teeth fully armed easily seen easily seen in a straight line / the shortest distance between two points As you make your bed, so you will have to bear the consequences of your own mistake or misdeed. at arm's length at daggers drawn at first blush at first blush at one go at a single attempt at one's fingertips know thoroughly at one's wits' end easily seen fully armed easily seen You will have to bear the consequences of your own mistake or misdeed. at he consequences of your own mistake or misdeed. at a first blush avoid being too friendly with someone at daggers drawn be deadly enemies at one go at a single attempt know thoroughly be very annoyed as one has tried his best to solve a | apple-pie order | in perfect order |
| armed to the teeth as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you will have to bear the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at hand near (of place and time) at one go at a single attempt at one's fingertips know thoroughly at one's wits' end easily seen 1 a straight line / the shortest distance between two points when first distance between two points for a straight line / the shortest distance between two points when first the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at one go at a single attempt at one's fingertips know thoroughly be very annoyed as one has tried his best to solve a | arcadian life | a blissfully happy, rural and simple life |
| as plain as the nose on one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you will have to bear the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at hand near (of place and time) at one go at a single attempt at one's fingertips know thoroughly at one's wits' end easily seen easily seen in a straight line / the shortest distance between two points when first bear the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at hand near (of place and time) at one's fingertips know thoroughly | arm in arm | in a friendly way |
| one's face as the crow flies in a straight line / the shortest distance between two points As you make your bed, so you will have to bear the consequences of your own mistake or misdeed. at arm's length at daggers drawn at first blush at hand near (of place and time) at one go at one's fingertips know thoroughly be very annoyed as one has tried his best to solve a | armed to the teeth | fully armed |
| As you make your bed, so you will have to bear the consequences of your own mistake or misdeed. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at hand near (of place and time) at one go at a single attempt at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | • | easily seen |
| you must lie on it. at arm's length avoid being too friendly with someone at daggers drawn be deadly enemies at first blush when first thought of at hand near (of place and time) at one go at a single attempt at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | as the crow flies | |
| at daggers drawn be deadly enemies at first blush when first thought of at hand near (of place and time) at one go at a single attempt at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | · | · · · · · · · · · · · · · · · · · · · |
| at first blush when first thought of at hand near (of place and time) at one go at a single attempt at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | at arm's length | avoid being too friendly with someone |
| at hand near (of place and time) at one go at a single attempt at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | at daggers drawn | be deadly enemies |
| at one go at a single attempt at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | at first blush | when first thought of |
| at one's fingertips know thoroughly at one's wits' end be very annoyed as one has tried his best to solve a | at hand | near (of place and time) |
| at one's wits' end be very annoyed as one has tried his best to solve a | at one go | at a single attempt |
| | at one's fingertips | know thoroughly |
| problem but to no avail | at one's wits' end | |
| at sixes and sevens in confusion | at sixes and sevens | in confusion |
| at someone's heels close behind someone | at someone's heels | close behind someone |

| IDIOM | MEANING |
|--|---|
| at the eleventh hour | at the last moment |
| at the end of his tether | unable to proceed any further |
| at the top of one's voice | very loudly |
| attic salt | refined, subtle wit |
| В | |
| back in harness | resume work after a holiday |
| backbite someone | speak ill of someone |
| backbone of something | the most important part of something |
| backstairs influence | influence exerted in an underhand manner |
| bad blood | angry feeling between people |
| bad faith | dishonest intention |
| bad form | bad manners |
| bag and baggage | with all one's belongings |
| bandy words | argue |
| bark up the wrong tree | use a wrong method |
| Barmecide feast | imaginary benefits |
| be all ears | be eager to listen |
| be at a loss for words | not knowing what to say |
| be at odds | disagree |
| be born with a silver spoon in one's mouth | be born into a rich family |
| be caught napping | be taken by surprise |
| be child's play | a very easy thing to do |
| be cocksure | be very certain |
| be glad to see the back of someone | feel pleased to see someone go away |
| be head and shoulders above someone | superior to someone |
| be no spring chicken | be no longer young |
| bear the palm | be victorious |
| beat about the bush | talk about something without coming to the point of the issue |

Look for other useful resources: www.sapgrp.com

| IDIOM | MEANING |
|------------------------------|--|
| bed and board | lodging and food |
| beeline | the shortest distance between two places |
| before long | soon / in a short while |
| behind one's back | without one's knowledge |
| behind the scenes | in private |
| bell the cat | do something very dangerous |
| beside oneself | mad with grief or rage |
| beside the mark | irrelevant |
| beside the point | irrelevant |
| better half | one's husband or wife |
| beyond all dispute | undoubtedly |
| bite off more than one | undertake a task that is beyond one's ability |
| can chew | |
| bite one's lip | prevent oneself from showing his emotions |
| bite someone's head off | scold someone angrily |
| bite the hand that feeds you | be ungrateful to someone who has helped you |
| black sheep of the family | the member of the family who brings disgrace to his relatives |
| Blood is thicker than water. | It is natural that one usually takes side of his family. |
| blow hot and cold | constantly change one's mind about a proposal |
| blow one's own trumpet | boast about oneself |
| blue blood | the fact that someone was born into a family from the highest social class |
| blue book | the report of the Act or proceedings of the British Parliament |
| blue ribbon | the highest prize in any sport competition or tournament |
| bombshell | a sudden surprising event or news |
| bone dry | quite dry |
| bow the knee | submit |
| breach of promise | failure to keep a promise to marry one to whom you are betrothed |

| IDIOM | MEANING |
|---------------------------------------|---|
| breadwinner | one who provides the means of livelihood for himself and his family |
| break one's heart | cause great sorrow |
| break the back of something | finish the hardest part of a task |
| break the ice | be the first to start |
| break the neck of | accomplish the hardest part of a task |
| bring someone to his knees | defeat someone |
| build castles in the air | daydream |
| burn the candle at both ends | use up too much energy without resting |
| burn the midnight oil | stay up late in order to work |
| bury the hatchet | forget past quarrels and become friends again |
| but me no buts | not to bring forward any objections |
| by fits and starts | spasmodically / not continuous / intermittently |
| by hook or by crook | by fair or foul means |
| by leaps and bounds | very quickly |
| by word of mouth | orally |
| С | |
| call a spade a spade | be very frank and outspoken |
| call someone names | insult someone |
| can't make head nor tail of something | not be able to understand something |
| capital punishment | the death sentence / the death penalty |
| capital ship | a warship of the most powerful kind |
| carry coals to Newcastle | do something unnecessary |
| carry someone off his feet | fill someone with strong enthusiasm |
| carry weight | be important |
| cat's paw | one used as a tool to do something dangerous |
| caught red-handed | caught while committing the crime |
| | |

| IDIOM | MEANING |
|--|--|
| clutch at straws | continue to look for solutions |
| come back down to earth | be practical or realistic after having an exciting time |
| come to a head | reach a critical stage |
| come to hand | be disclosed |
| come to the point | reach the most important fact |
| cook one's goose | spoil one's plans |
| cool one's heels | be kept waiting for a long time |
| cry over spilt milk | be upset over something about which nothing else could be done |
| curl one's lip | show scorn |
| curry favour with | try to get someone's approval by flattering |
| cut the Gordian knot | take a drastic step in deciding a difficult problem |
| cut your coat according to your cloth | spend only what you can afford |
| D | |
| day of reckoning | the time when one has to face the consequences of his past mistake |
| dead beat | quite exhausted |
| dead broke | without a cent |
| devil's bones | dice |
| do the trick | achieve one's purpose |
| dog-cheap | extremely cheap |
| Don't cross the bridge until you come to it. | Do not anticipate difficulties. |
| donkey work | work that is boring |
| donkey's years | a very long time |
| dot the i's and cross the t's | give precise details |
| down in the mouth | feeling sad |
| down-and-out | ruined or penniless |
| down-at-heel | being in poor circumstances |
| Draconian Legislation | very severe laws |

Look for other useful resources: www.sapgrp.com

| IDIOM | MEANING |
|-----------------------------------|--|
| drag over the coals | scold severely |
| draw a blank | get nothing (as a result of looking for something) |
| draw the line | not to do something which you think is wrong |
| drop a brick | make a mistake |
| drop someone a line | write a letter to someone |
| Dutch courage | bravery induced by alcoholic drinks |
| Е | |
| eagle-eyed | having sharp eyesight |
| eat humble pie | admit one's mistake |
| eat one's heart out | feel extremely upset |
| eat one's words | admit that what one said was wrong |
| eat out of someone's hand | be willing and ready to do what one is told |
| Elysian happiness | a state of perfect bliss |
| end in smoke | be destroyed |
| escape by the skin of one's teeth | have a very narrow escape |
| evil days | a period of misfortune |
| eyewash | nonsense |
| F | |
| Fabian tactics | a policy of wearing down the opponent by delaying action |
| face a thing out | persist boldly |
| face the music | take punishment without complaint |
| face-to-face | in the presence of the person |
| fall foul of someone | quarrel with someone |
| fall on one's feet | overcome difficulties |
| fan the flames | increase the excitement |
| far from it | not at all |
| feel in one's bones | feel certain |
| feel run-down | feel unwell |
| fight like cat and dog | be in constant fighting / quarelling |

| IDIOM | MEANING |
|---|---|
| fight tooth and nail | make a lot of effort to achieve something |
| find one's tongue | be able to speak again after being too shy to speak |
| fish in troubled waters | try to gain an advantage for oneself by interfering in the troubles of other people |
| fishy | doubtful |
| fly off the handle | lose one's temper |
| follow one's nose | go straight ahead |
| foot the bill | pay for something |
| foul play | unfair dealing in a game / cheating |
| free-for-all | a disorderly fight or argument in which everyone present joins in |
| from hand to hand | from one person to another |
| from hand to mouth | in poverty |
| from the horse's mouth | from the genuine or first-hand source |
| from top to toe | including every part of one's body |
| G | |
| gain the upper hand | gain mastery of |
| get into hot water | get into trouble |
| get on the bandwagon | recognise the popularity and success of a person and support him for personal gain |
| Get on your high horse. | be arrogant |
| get one's monkey up | get angry |
| get worked up | become excited |
| give ear | listen attentively |
| give oneself airs | pretend to be good |
| give rein to | allow a person to have his own way |
| give someone a piece of your mind | scold someone and tell him why you are angry |
| Give someone an inch and they'll take a mile. | One will abuse his privilege and try to get a lot more. |
| give someone the cold shoulder | make someone feel unwelcome |

| IDIOM | MEANING |
|---------------------------------------|--|
| give someone the edge of one's tongue | scold someone |
| give someone the slip | escape from someone |
| give someone the slipper | slap someone |
| give the devil his due | give a person credit for his good deed however worthless he may be |
| give the lie to | prove to be a lie |
| give up the ghost | die |
| go against the grain | be contrary to one's upbringing |
| go back on one's word | fail to keep a promise |
| go begging | sold very cheaply because no one cares to buy |
| go cap in hand | beseech in a humble manner |
| go off at a tangent | change to a different course of thought or action suddenly |
| go it alone | do something without help from others |
| go to any lengths | be ready to do anything in order to achieve or avoid something |
| go to law | take legal proceedings |
| go to the devil | be off |
| go to the dogs | become worse |
| go to the root of the matter | find out the source of the matter |
| go with the stream | do or think as the majority of people do |
| go wrong | make a mistake |
| grade up | improve the stock by crossing with a better breed |
| green with envy | be jealous |
| Н | |
| hair's breadth | a very small distance |
| halcyon days | a period in the past with peace and happiness |
| hand in glove with someone | closely connected to someone |
| hands off | do not touch |
| | |

| IDIOM | MEANING |
|--|---|
| hang on someone's words | listen eagerly to every word |
| hang up one's hat | settle down at a place |
| happy-go-lucky | easy-going |
| hard and fast rules | very strict rules |
| hard of hearing | almost deaf |
| hard-line | being extreme and severe |
| harp on the same string | refer repeatedly to the same subject |
| have a bee in one's bonnet | keep talking about the same thing again and again |
| have a bone to pick with someone | say something to someone that might cause a quarrel |
| have a finger in the pie | be involved in something |
| have a good head on one's shoulders | have good judgment |
| have a sword of Damocles hanging over one's head | live in the constant fear of some impending danger |
| have an axe to grind | have a strong opinion about something |
| have an itching palm | be open to bribery |
| have cold feet | lack courage to do something |
| have green fingers | be good at making plants grow |
| have no backbone | have no will of one's own |
| have one foot in the grave | be nearly dead |
| have one's back to the wall | be in a difficult position |
| have one's hands full | be very busy |
| have one's head in the clouds | live in dreamland |
| have one's head screwed on | be sensible |
| have one's heart in one's mouth | feel afraid |
| have seen better days | was once prosperous |
| have something at one's fingertips | know something thoroughly |

| IDIOM | MEANING |
|---------------------------------|---|
| have something up one's sleeve | have a surprise plan |
| have the last word | make the final statement |
| have the trump card | have some methods of becoming victorious |
| have too many irons in the fire | be engaged in too many things at the same time |
| head and ears | completely |
| head over heels (in love) | completely in love |
| heap coals on someone's head | return good for evil |
| heart and soul | with great enthusiasm |
| heartfelt | sincere |
| heartrending | causing deep grief |
| heartstrings | deepest feelings of love |
| hector someone | bully someone |
| heels over head | hastily |
| hermetically sealed | sealed closely so as to exclude air |
| high and dry | on one's own |
| high-flown language | bombastic language |
| His bread is well buttered. | He is in fortunate circumstances. |
| His heart is in his boots. | He is very disappointed. |
| hit below the belt | do something unfairly to someone |
| hit the nail on the head | mention the true facts of a case |
| Hobson's choice | no choice at all |
| hold one's tongue | keep a thing secret |
| hold out the olive branch | offer to end an argument |
| hold someone to his word | ensure that someone keeps his promise |
| hold the purse strings | have control of the finance of a family or organisation |
| hold the reins | be in full control of things |
| hope against hope | hope in spite of the unfavourable signs |

| IDIOM | MEANING |
|---------------------------|--|
| hornets' nest | a situation with great trouble |
| hostage to fortune | a risky action |
| 1 | |
| if the worst comes to the | if what is feared eventually happens |
| worst | |
| in a body | as a whole |
| in a fix | in an awkward situation |
| in a jiffy | in an exceedingly short time |
| in a nutshell | express accurately in very few words |
| in a quandary | being unable to decide |
| in a spot | in a difficult situation |
| in bad odour | in bad repute |
| in black and white | written down on paper |
| in cold blood | without showing emotion |
| in Davy Jones' Locker | at the bottom of the sea |
| in deep water | in a difficult situation |
| in for a penny, in for a | Since one has started doing something, he should |
| pound | complete it instead of doing it halfway. |
| in good faith | with honest intentions |
| in good shape | in good physical condition |
| in hand | under complete control |
| in one ear and out the | hear something but forget it very quickly |
| other | |
| in someone's bad books | out of favour with someone |
| in someone's good books | in favour with someone |
| in someone's shoes | in the situation someone is in |
| in someone's way | obstructing someone |
| in stitches | laughing uncontrollably |
| in the arms of Morpheus | asleep |
| in the dark | in ignorance |
| in the face of | in the presence of |

| IDIOM | MEANING |
|--|--|
| in the know | informed (of a secret matter) |
| in the long run | eventually |
| in the nick of time | only just in time |
| in the pink | in very good health |
| in the pipeline | already on the way |
| in the same boat | in the same circumstances |
| in the teeth of | in opposition to |
| in the twinkling of an eye | very quickly |
| in touch with someone | in communication with someone |
| It is as broad as it is long. | It is the same whichever way one views it. |
| It never rains but it pours. | Problems always happen at the same time. |
| J | |
| jack-of-all-trades | one who does many things but expert in none |
| John Bull | an Englishman |
| jump out of the frying pan into the fire | come out of a trouble and get into a worse one |
| K | |
| keep a person at arm's length | refuse to be on familiar terms with someone |
| keep a straight face | hide one's amusement by not smiling |
| keep an eye on | watch carefully |
| keep body and soul together | keep alive |
| keep in mind | remember |
| keep one's head | remain calm |
| keep one's head above water | avoid debt |
| keep quiet | keep a secret |
| keep the ball rolling | keep things going |
| keep up appearances | make things appear well whether they are or not |
| keep up with the Joneses | try to compete with neighbours or friends in buying luxury items |

| IDIOM | MEANING |
|---|--|
| kick the bucket | die |
| kick up one's heels | enjoy oneself |
| kill the goose that lays the golden egg | lose a valuable source of income |
| kill two birds with one stone | do two tasks with one action |
| kiss the dust | fall to the earth because one is dead |
| knit the brow | frown |
| know the ropes | be well informed |
| knuckle under | give in submissively |
| kowtow to someone | act in a very servile manner towards someone |
| L | |
| laugh on the wrong side of one's mouth | feel upset when things do not happen as expected |
| laugh up your sleeve | laugh secretly at someone |
| lay a finger on someone | touch someone in a threatening way |
| lay down one's arms | stop fighting |
| lay hands on someone | catch someone roughly |
| lay heads together | consult |
| lead someone by the nose | completely control someone |
| lead to the altar | marry |
| learn by heart | commit to memory |
| leave in the lurch | desert someone in difficulties |
| leave no stone unturned | use all means |
| lend a hand | help |
| let bygones be bygones | let past sorrows be forgotten |
| let one's hair down | behave informally |
| Let sleeping dogs lie. | Do not recall matters which are likely to cause pain or grief. |
| let the cat out of the bag | let out the secret |
| like a bear with a sore head | very bad-tempered |

| IDIOM | MEANING |
|------------------------------------|---|
| live from hand to mouth | spend all one's earnings without making provision for the future |
| live in clover | live in great luxury |
| lock, stock and barrel | the whole of everything |
| long odds | unlikely to happen |
| look a gift horse in the mouth | be ungrateful to someone who gives you something |
| Look before you leap. | Think before acting. |
| look for a needle in a haystack | begin a search for something with only a very slim chance of finding it |
| look someone in the face | look at someone steadily |
| look to one's laurels | make an extra effort to guard against defeat |
| lose face | lose one's dignity |
| lose heart | be discouraged |
| lose one's bearings | be uncertain of what to do |
| lose one's head | lose control |
| M | |
| make a clean breast of it | make a full confession |
| make a day of it | spend the whole day |
| make a mountain out of a molehill | exaggerate the importance of a small matter |
| make a point of doing something | attach special importance to doing something |
| make believe | pretend |
| make bricks without straw | attempt to do something without proper materials or due preparation |
| make ends meet | spend within one's income |
| make eyes | look lovingly |
| Make hay while the sun shines. | Take advantage of all opportunities. |
| make light of something | treat as unimportant |
| make no bones | say or proclaim publicly |

 $Look\ for\ other\ useful\ resources;\ www.sapgrp.com$

| IDIOM | MEANING |
|---------------------------|--|
| make one's blood run cold | be filled with terror |
| make one's mark | achieve success brilliantly |
| make someone's hair | cause someone to be filled with fear or terror |
| stand on end | |
| make someone's mouth | raise a strong feeling of desire for something |
| water | |
| make the grade | reach the required standard |
| make up one's mind | decide |
| march in single file | march one behind the other in a single line |
| mare's nest | a very complicated situation |
| mind one's own business | not to interfere |
| mind one's p's and q's | be careful how one behaves |
| miss the boat | lose an opportunity |
| More haste, less speed. | Work done hurriedly is apt to be badly done. |
| more than flesh and blood | too much for human nature |
| can stand | |
| move heaven and earth | exert all effort |
| much of a muchness | almost alike |
| N | |
| nail a lie | expose a lie publicly |
| neck and crop | completely |
| neck or nothing | at all risks |
| next of kin | nearest of blood relation |
| nip in the bud | stop something before it can develop |
| no backbone | no courage and determination |
| no laughing matter | something very serious |
| no room to swing a cat | not enough space for anyone to be comfortable |
| not lift a hand | make no effort to help |
| not to know a B from a | be ignorant of even the simplest thing |
| bull's foot | |
| not turn a hair | remain calm |
| not up to the mark | not measuring up to a required standard |

| IDIOM | MEANING |
|--------------------------------|--|
| nothing but skin and | without flesh on one's bones (very thin) |
| bones | |
| 0 | |
| odd man out | a person who does not fit into the society |
| odds and ends | remnants |
| of the same kidney | of the same nature |
| off hand | immediately |
| off one's head | overexcited |
| off the bat | immediately |
| off-colour | not very well |
| on a shoestring | on a very small amount of money |
| on account of | for the sake of |
| on all fours | crawl |
| on one's feet | standing |
| on one's last legs | very tired |
| on someone's back | criticise someone several times |
| on the carpet | be scolded by someone |
| on the face of it | judging by appearance |
| on the house | free |
| on the knees of the gods | beyond human control |
| on the quiet | secretly |
| on the rocks | in a desperate situation |
| on the spur of the moment | without much thought |
| on the tip of one's tongue | on the point of being uttered |
| on thin ice | in a dangerous and difficult position |
| on top of the world | in a very good spirit |
| once in a blue moon | a very rare occasion |
| one's bread and butter | one's livelihood |
| one's heart in the right place | be faithful |
| one's own flesh and blood | one's relatives |

| IDIOM | MEANING |
|-------------------------------------|--|
| one's true colours | as one really is |
| out of hand | out of control |
| out of luck | unlucky |
| out of one's hands | no longer under one's control |
| out of one's mind | mad |
| out of sorts | feeling unwell |
| out of temper | angry |
| out of the frying pan into the fire | from a bad situation into a worse one |
| out of the question | impossible |
| out of the woods | out of danger |
| out of touch with someone | no longer in contact with someone |
| out-Herod Herod | exceed in violence |
| P | |
| paddle one's own canoe | do things by oneself |
| paint the town red | enjoy oneself in a public place in a wild and noisy manner |
| palm off a thing | get rid of a thing under false pretences |
| Parthian shot | a parting word |
| pass the buck | pass on the unwanted responsibility to someone else |
| pass the hat around | ask for money from a group of people |
| pass with flying colours | do very well in a test |
| pave the way | facilitate |
| pay lip service | pretend to be loyal |
| pay off an old score | have one's revenge for an offence made before |
| pay the piper | receive punishment |
| pay through the nose | pay too high a price |
| petticoat government | government under the rule of a female |
| pick and choose | choose very carefully |
| pick holes in something | find fault with |

| IDIOM | MEANING |
|-------------------------------------|---|
| pick someone's brains | ask for information from someone who knows a lot about it |
| pick to pieces | criticise harshly |
| pig in a poke | buy something blindly |
| pin money | an allowance for incidental expenses |
| pin one's faith on | rely on |
| play second fiddle | take subordinate position |
| play the game | act fairly and honourably |
| play to the gallery | endeavour to gain cheap popularity |
| plough a lonely furrow | do something without help from others |
| plough the sands | labour uselessly |
| poke one's nose into | interfere (without any cause) |
| pooh-pooh an idea | express contempt for an idea |
| pour oil on troubled waters | try to end a quarrel by speaking calmly |
| prick up one's ears | listen attentively |
| pull down someone | humiliate someone |
| pull one's socks up | improve in what one is doing |
| pull someone's leg | play a joke on someone |
| pull strings | get the help of high officials in order to get something |
| pull through | succeed in something after a great deal of difficulty |
| pull to pieces | separate something into pieces |
| pull together | cooperate |
| put all one's eggs in one basket | risk everything on a single enterprise |
| put in a nutshell | express in a very concise term |
| put on a long face | look serious or dismal |
| put one's back into something | work at something with all one's energy |

| IDIOM | MEANING | |
|---------------------------------|---|--|
| put one's best foot forward | do one's best | |
| put one's foot down | state one's opinion firmly | |
| put one's foot in it | get into trouble | |
| put one's hand to | begin a task earnestly | |
| put one's nose in | be unduly meddlesome | |
| put one's nose out of joint | upset someone by spoiling his plans | |
| put one's shoulder to the wheel | work hard in order to succeed | |
| put someone's back up | make someone angry | |
| put something into one's head | suggest to someone | |
| put something out of one's head | make one forget | |
| put the cart before the horse | do things the wrong way round | |
| put words in someone's mouth | interpret what someone has said in a wrong way | |
| Pyrrhic victory | a victory that is as costly as defeat | |
| R | | |
| rain cats and dogs | rain very heavily | |
| raise Cain | make a lot of trouble | |
| read between the lines | look for the hidden meaning | |
| read someone the riot act | give someone a very severe warning | |
| receive with open arms | welcome cordially | |
| red flag | the symbol of revolution | |
| red tape | official rules or procedures that seem unnecessary and cause much delay | |
| red-letter day | a memorable / important day | |
| rest on one's laurels | retire from active life and rely on past achievements | |
| ride roughshod over someone | act in total disregard of someone's feelings | |

| IDIOM | MEANING |
|--------------------------|---|
| ring the changes | be continually making alterations |
| rise to the occasion | show that one is able to deal with a difficult |
| | situation successfully |
| rob Peter to pay Paul | take what belongs to a person and pay it to another |
| rough and ready | hastily prepared |
| rough and tumble | fighting between children |
| rough it | put up with much difficulties and live simply |
| rude awakening | sudden realisation (of something unpleasant) |
| rule of thumb | a principle based on experience |
| run dead heat | a race in which the contestants are equally matched |
| run in the blood | have an inherited quality |
| run the gauntlet | bear with a series of problems |
| run with the hare and | act treacherously |
| hunt with the hounds | |
| S | |
| sail near the wind | take the risk that brings disaster |
| sail under false colours | attempt to deceive |
| save for a rainy day | save for the time when one needs money |
| save one's face | save oneself from shame |
| save one's own skin | avoid being hurt |
| see daylight | begin to understand |
| see eye to eye | agree with |
| see red | lose control of one's temper |
| see the light | understand |
| See which way the cat | See how things turn out before deciding on the |
| jumps. | course of action. |
| see with half an eye | see easily |
| send someone to Coventry | boycott someone |
| set by the ears | incite quarrels |
| set foot on | step on |
| set forth | start on a journey |

| IDIOM | MEANING |
|--|--|
| set off on the wrong foot | make a mistake since the beginning |
| set one's face against | oppose strongly |
| set someone by the ears | cause people to quarrel |
| set the Thames on fire | do something sensational |
| shake hands with someone | greet by shaking the hand of someone |
| shake one's head | show opposition |
| shed crocodile tears | shed false tears |
| show a clean pair of heels | run faster than others in a race |
| show one's face | let oneself be seen |
| show one's teeth | take up a threatening attitude |
| show one's true colours | reveal one's true intention by no longer pretending |
| show the cloven hoof | reveal one's evil intention |
| show the white feather | show sign of cowardice |
| sink or swim | no matter what |
| sit on the fence | remain neutral |
| smack one's lips | show pleasure |
| smell a rat | suspect that something is wrong |
| smite hip and thigh | beat nonstop |
| Someone's bark is worse than his bite. | Someone's actions are not as bad as his threats. |
| sow the seeds of something | do something that will result in something else happening in the future |
| spick and span | very clean |
| spin a yarn | tell a story |
| split hairs | dispute over trifles |
| spoil the ship for a hap'orth of tar | ruin something extremely valuable by failure to spend a trifling sum or make a little effort |
| spread like wildfire | circulate (of news) with astonishing speed |
| square the circle | attempt something impossible |
| stand on one's own feet | be independent |

| IDIOM | MEANING |
|---|--|
| start from scratch | start from the very beginning |
| stay aloof | keep to oneself without mixing with others |
| steal a march on | go beforehand |
| step into dead men's shoes | come into inheritance |
| step into someone's shoes | fill someone's position |
| stick one's neck out | take a risk |
| strain at gnats and swallow camels | be over particular in small things and lax in more important matters |
| strike a false note | do or say something that causes one to lose sympathy or approval |
| strike the right note | speak or do something in such a way that one wins the approval of the listener |
| Т | |
| take a back seat | assume an unimportant role |
| take a leaf out of someone's book | imitate someone |
| take French leave | be absent from work without permission |
| take heart | be filled with hope |
| take in hand | take charge of |
| take into account | consider |
| take it into one's head to do something | decide to do something suddenly |
| take it out on someone | relieve one's anger or frustration by blaming or attacking someone else |
| take pot luck | share in a meal not specially prepared for guests |
| take someone in hand | discipline someone |
| take someone's breath away | startle or surprise someone |
| take someone's measure | form an estimate of someone's character |
| take something at face value | accept something based on its appearance without studying it closely |

| IDIOM | MEANING |
|---------------------------------------|--|
| take something into one's head | come to believe something |
| take stock of | survey |
| take the bit between one's teeth | get out of control |
| take the bull by the horns | meet dangers boldly |
| take the cake | be the best or the worst of the lot |
| take the chair | preside at a meeting |
| take the law into one's hands | attempt a revenge without recourse to the law courts |
| take the wind out of one's sails | frustrate someone by saying something that he is not expecting |
| take the words out of someone's mouth | anticipate someone's words |
| take to heart | feel troubled about something |
| take to one's bed | have to be confined to bed as a result of sickness |
| take to one's heels | run off at great speed |
| take up arms | fight against someone |
| take up the cudgels for someone | fight for someone |
| take up the gauntlet | accept the challenge |
| take up the reins | assume command |
| take with a grain of salt | accept with doubt or misgiving |
| talk behind one's back | talk about someone without his knowing |
| talk nineteen to the dozen | talk rapidly and continuously |
| talk someone's head off | scold someone severely |
| talk through one's hat | talk foolishly |
| Tell it to the Marines! | said when you hear an incredible story |
| the apple of one's eye | a favoured person |
| the best of both worlds | advantage from both sides |
| The coast is clear. | The danger is past. |

| IDIOM | MEANING |
|---|--|
| The darkest hour is just before the dawn. | Relief is often just around the corner when things appear at its worst. |
| the fairer sex | women |
| The game is not worth the candle. | The undertaking is not worth the trouble. |
| The game is up. | used to tell someone that you know what his secret plan is and he cannot do it anymore |
| the ins and outs | the full details |
| the laws of the Medes and Persians | unalterable laws |
| the lion's share | the largest part of something |
| the long and short of it | the main thing to be said |
| the salt of the earth | the best people |
| the thin end of the wedge | the beginning of a harmful development |
| thespian art | the art of tragedy |
| thick-skinned | being not sensitive |
| Those who live in glass houses should not throw stones. | People who do not live blameless lives should not find fault with others. |
| through thick and thin | in all kinds of condition |
| throw cold water on something | discourage |
| throw down the gauntlet | challenge someone |
| throw dust in someone's eyes | try to mislead someone |
| throw in the sponge / towel | admit defeat |
| throw light on something | explain something |
| thumbnail sketch | a short description mentioning only the main facts |
| tied to apron strings | completely under a woman's control |
| | openly |

| IDIOM | MEANING |
|--|---|
| to the bone | completely |
| to the letter | exactly |
| to the point | appropriate |
| toe the mark | meet one's responsibilities |
| tooth and nail | using all energy |
| touch a raw nerve | wound someone's feelings |
| true to one's salt | faithful to one's employer |
| try one's hand at | try out something for the first time |
| turn a deaf ear to something | deliberately ignore |
| turn on one's heel | leave |
| turn one's back on | abandon |
| turn one's nose up | show contempt |
| turn over a new leaf | change one's life or conduct for the better |
| turn tail | run away |
| turn the tables | reverse the condition |
| turn turtle | overturn |
| twist someone around one's little finger | dominate someone |
| U | |
| unable to see the wood for the trees | unable to get a clear view of the whole because of too many details |
| under one's nose | right there |
| under someone's thumb | under the control of someone |
| under the same roof | in the same building |
| Uneasy lies the head that wears a crown. | Rulers and other people in authority have no easy time as responsibilities weigh heavily upon them. |
| up and coming | likely to succeed |
| up in arms | very angry |
| up to the ears | overwhelmed |

| IDIOM | MEANING |
|--|--|
| up to the eyes | deeply involved in |
| up to the mark | up to a certain standard |
| ups and downs | good times and bad times |
| up-to-date | modern |
| W | |
| walk of life | profession |
| wash one's dirty linen in public | discuss disagreeable private matters in the presence of others |
| wash one's hands of | take no further share in |
| waste one's breath | talk in vain |
| weak in the head | not very intelligent |
| weigh anchor | be about to sail |
| What is sauce for the goose is sauce for the gander. | The conditions are the same for all parties concerned. |
| Where ignorance is bliss, 'tis folly to be wise. | We should not try to educate people who are happy to remain in their state of ignorance. |
| where the shoe pinches | where the trouble lies |
| will not make old bones | will not live long |
| win hands down | win easily |
| win the day | be victorious |
| wire-pulling | the act of using dishonest method to reach a goal |
| with a high hand | in a dictatorial manner |
| with one voice | unanimously |
| within earshot | within hearing distance |
| without end | everlasting |
| Υ | |
| yellow press | newspapers which publish sensational and unscrupulous stories |
| yield the palm to someone | admit defeat |